



**SIERRA HEALTH AND LIFE**  
A UnitedHealthcare Company

**AUTHORIZATION FOR THE RELEASE OF PROTECTED HEALTH INFORMATION**

**This is not a Durable Power of Attorney for Health Care Decisions**

This authorization is voluntary. The information you authorize us to disclose may be subject to re-disclosure by the recipient and if the person or organization authorized to receive the information is not a health plan or health care provider, the information may no longer be protected by the Federal privacy regulations.

You have the right to revoke any written authorization, except to the extent that we have taken action in reliance on the authorization, by writing to us at Sierra Health and Life Insurance Company, Inc., Attn. Member Services Department, P. O. Box 15645, Las Vegas, NV 89114-5645. We may not condition your receipt of treatment, payment, enrollment, or eligibility for benefits on completion of this authorization.

**ALL FIELDS MUST BE COMPLETED. See instructions on reverse.**

1. **Member Name** (one member per form): \_\_\_\_\_  
(Please print)

2. **Member Number:** \_\_\_\_\_

3. **I authorize Sierra Health and Life Insurance Company, Inc. ("SHL"), on behalf of itself and affiliated companies, to disclose my Protected Health Information designated in #4 below to the following person or organization:**

Name of individual or entity: \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip code \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_

4. **I authorize SHL, on behalf of itself and affiliated companies, to disclose:**

Information regarding eligibility, benefits, claim adjudication, prior authorization status and primary care physician assignment **AND/OR**

The following specific information\*: \_\_\_\_\_

**\*Information pertaining to substance abuse diagnosis or treatment requires completion of the Consent for Release of Confidential Health Information under 42 C.F.R. Part 2 - Confidentiality of Alcohol and Drug Abuse Patient Records.**

5. **Purpose of the disclosure:** I understand that the information designated in #4 above is being disclosed at my request.

6. **This authorization shall remain in effect from the date signed below until** (check only one):

Date of my disenrollment from the health plan

One year from the date this authorization is signed

Specific expiration date (MM/DD/YY): \_\_\_\_\_

Once the following event occurs: \_\_\_\_\_

7. **Member's Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

Personal Representative's signature: \_\_\_\_\_ Date: \_\_\_\_\_

(if member is a minor and no sensitive health information is being disclosed or if the member is legally incapacitated)

Print name \_\_\_\_\_ Relationship to member \_\_\_\_\_

Legal Authority: \_\_\_\_\_

**Documentation of the personal representative's legal authority must be attached.**

**AUTHORIZATION FOR THE RELEASE OF PROTECTED HEALTH INFORMATION**  
**INSTRUCTION SHEET**

**The numbers on this instruction sheet directly correspond to the numbers on the authorization form** (i.e., #1 on this sheet provides instruction on how to fill out line 1. on the authorization form).

- #1** Please print legibly, your full name (first name, last name). Enter only one member name per form.
- #2** Write in your 11-digit identification number (may be called the Member # or Medical Identification # on your ID card). Enter only one member number per form.
- #3** Write in the name of the person or organization you authorize us to disclose this information to. Please include the full name (i.e. first name, last name) and address of the individual or organization and print legibly.
- #4** You must specify what information you want SHL to disclose. You can check the first box for information regarding eligibility, benefits, claims adjudication, prior authorization status and primary care physician assignment **AND/OR** you can indicate other information you want disclosed by checking the second box and writing the specific information in the space provided. You can choose one or both options.  
**Information pertaining to substance abuse diagnosis or treatment is protected by Federal confidentiality rules (42 C.F.R. Part 2). Disclosure of such information requires completion of the Consent for Release of Confidential Health Information under 42 C.F.R. Part 2 – Confidentiality of Alcohol and Drug Abuse Patient Records.**
- #5** By signing this authorization, you certify that you understand that this information is being disclosed at your request.
- #6** You have a choice of how long the authorization remains in effect. Please select *only one* option. If you select a specific expiration date or event, you must include additional details such as the specific date (i.e., 12/31/2008 or 01/01/2999) or specific event (i.e., until I am released from my inpatient stay at Valley Hospital). **Please note the following are examples of unacceptable expiration dates: “No expiration date”, “Forever” and/or “Infinity”.**
- #7** The signature of the individual member and date is required. If the authorization form is signed by a personal representative of the member, the personal representative must provide legal documentation that he/she is authorized to act on the member’s behalf.

**\*\*PLEASE REMEMBER TO KEEP THE YELLOW COPY\*\***

**ALL FIELDS MUST BE COMPLETED. An incomplete authorization form is invalid and will not be accepted. If you need additional assistance filling out the form or have any questions, please call Member Services. Member Services phone number can be found on the back of your ID card.**